

Orange Items on Seesaw

Green Items in paper packet

June 8- June 11

PM Session

	Monday	Tuesday	Wednesday	Thursday
Reading and Writing	Letter and number sort on Seesaw	Write your child's name on a piece of paper with spaces between them. Cut the letters so each one is on its own piece of paper. Have your child put the letters of their name in order. If they can do it for their first name, practice with their last name.	Watch the read aloud with Ms. Jerriica on Seesaw: Pete the Cat: A Day at the Beach. Have your child answer the questions embedded in the story. Have your child tell you the story from looking at the pictures.	Trace name or use pencil/rainbow name puzzle. Seesaw: Match and read alphabet
Communication	*Describe a Scene worksheet for the beach from your paper packet. Have your child look at the picture and tell you what they see in the picture. Ask your child the questions from the bottom and if they cannot answer, tell your child the answer and point to the answer in the picture.	Practice identifying rooms in the house. Ask your child to go to the kitchen, bedroom, bathroom, etc. You also can ask your child where common objects are. (Ex: What room are the plates in? What room is the bathtub in?)	Practice on, under, behind, in front of, next to, beside, in. Give your child an object and ask them to place the object on, under, behind, in front of, next to, beside or in another object.	Practice following 2-3 step directions. (Ex: Ask your child to go get a piece of paper, throw it away and then sit on the couch.)
Math	Find four of the same object in different sizes. (measuring cups, rocks, sticks, toys). Ask your child to put them in order from smallest to biggest.	Have your child count objects to 15. Clap to 15 Jump to 15 Count to 15 Seesaw: How high can you count?	Practice concept of one, two, three, four. Put out small objects and ask your child to hand you one, two, three or four of them. Green book: page 80 (#3)	Play hide-and-seek. Practice counting to 10 before helping your child find a toy or other family member. Seesaw: Pete the cat cupcake color
Sensory	Help your child twirl or spin in an office chair. Twirl once and then stop. Repeat a few times. Have your child work on asking for "more" or "stop" with words. Have them try to count how many times they go around with you.	Use playdough or homemade salt dough to make pretend cookies. (Or you could make real cookies!) Have your child set up the table with real or play kitchen plates and silverware. Put the "cookies" on the plate. Talk about hot and cold, safety, etc.	Put rice, beans, oatmeal or popcorn in a tub. Give your child cups and kitchen tools to use in the tub. Keep for tomorrow.	Use tub from yesterday for sensory play.
Fine Motor/Craft	Do a puzzle or draw a simple picture of a tree or face and cut into 6 pieces and help your child put the picture back together.	Balloons: color, trace, and cut from paper packet	Popsicle Craft from your paper packet! *Seesaw for visual directions	Finger Jumping Jacks. Stand up pointer & middle finger. Open and close 10 times. *Seesaw video for visual
Gross Motor	Play catch or kick a ball back and forth. (see social skills) If your child is not able to kick a ball, have them sit on the floor and roll the ball back and forth.	Draw a line with sidewalk chalk or make a line with string in your house. Practice "balancing" on the line one foot in front of the other.	Wear Dad's shoes and have a race. OR On hands and knees. Sort items into bowls. *Seesaw Video	Practice stepping sideways and skipping. *Seesaw for visual

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Social Skills/ Behavior	Read these scenario cards and have your child guess how the person is feeling. <i>*Seesaw for scenarios</i>	Practice cool down strategies: pushing a wall, 3 deep breaths, squeezing a soft object and lying on the floor and feeling belly while taking deep breaths.	Play chase. Chase your child and then have them take a turn chasing you.	Take turns hiding and seeking during hide and seek.
Self Help Skills	Practice brushing teeth independently. See what small parts of the routine your child can do on his/her own. (Picking up the toothbrush, holding it under water, etc.) See super simple song: This Is The Way	Have child help set the table and put away dishes or silverware. See Sensory	Help your child put items on the table for snack or dinner.	Help your child make a bed. Have your child independently place pillows on the bed.